

Updated Jan 3				
Date	Time	Group	Type	Ice Surface
Mon Jan 19	4-5pm	U7 Integrated	Practice	Arena
	430-530pm	U8 Integrated	Practice	Rink
	515-615pm	U11C1	Practice	Arena
	545-645pm	U9 Integrated	Practice	Rink
	630-745pm	U18C2	Practice	Arena
	7-815pm	TBA	Practice	Rink
Tues Jan 20	630-745am	U13A	Practice	Arena
	630-745am	U15A	Practice	Rink
	9am-1015am	Academy Gr 9/10	Academy	Arena
	5pm-6pm	U11C2	Practice	Arena
	530pm-645pm	U13C	Practice	Rink
	615-730pm	U11 Dev	Practice	Arena
	7pm-815pm	U15C	Practice	Rink
Wed Jan 21	745-9pm	U18A	Practice	Arena
	630am-745am	U13/U15/U18 Goalie Development	Dev	Arena
	915-1030am	Academy Gr 11-12	Academy	Arena
	245-345pm	Academy Gr 9/10	Academy	Rink
	330-430pm	U7/U9/U11 Goalie Development	Dev	Arena
	4-5pm	U7/U8 Group 1 Development	Dev	Rink
	445-545pm	U7F/U9F	Practice	Arena
	6-7pm	U11F + Dev	Practice	Arena
Thurs Jan 22	715-815pm	U13F + Dev	Practice	Arena
	630am-745am	U18A	Practice	Rink
	630am-745am	U11 Dev	Practice	Arena
	245-345pm	Academy Gr 11-12	Academy	Arena
	545pm-7pm	U15A	Practice	Arena
	630pm-745pm	U13A	Practice	Rink
Fri Jan 23	715pm-830pm	U18C1	Practice	Arena
	630-745am	U11F	Practice	Arena
	145-3pm	PR C1 v CR Blue	Game	Rink
	315-430pm	Nanaimo C6 v Alberni	Game	Rink
	345-5pm	PRC2 v CR Six Salmon	Game	Arena
Sat Jan 24	445-6pm	U9/U8 Group 2 Development	Dev	Rink
	515-630pm	Nanaimo C5 v Cowichan	Game	Arena
	745-9am	PRC1 v Nanaimo C6	Game	Arena
	8-915am	CR Blue v Alberni	Game	Rink
	915-1030am	PRC2 v Nanaimo C5	Game	Arena
	930-1030am	U7/U8	Practice	Rink
	1045-12pm	CR Six Salmon v Cowichan	Game	Arena
	1215-115pm	2nd Shift	Practice	Arena
	115-245pm	U11F v Lake Cowichan	Game	Rink
	130-330pm	VIAHA	Game	Arena
	3-415pm	Nanaimo C6 v CR Blue	Game	Rink
	345-5pm	Alberni v PRC1	Game	Arena
Sun Jan 25	515-615pm	U9 Integrated	Practice	Arena
	430-545pm	Nanaimo C5 v CR Six Salmon	Game	Rink
	6-715pm	Cowichan v PR C2	Game	Rink
	7-815am	1st A v 2nd B	Game	Rink
	715-830am	1st B v 2nd A	Game	Arena
	830-945am	4th A v 4th B	Game	Rink
	845-10am	3rd A v 3rd B	Game	Arena
	1015-1130am	Bronze	Game	Arena
	1145-1pm	Gold	Game	Arena
	115-315pm	VIAHA	Game	Rink
	530-630pm	U18C1 +C2	Practice	Arena